



How-To Guide

Obtaining a Copy of Your
Disability Breakdown



How to Get a Snapshot of Your Disability Breakdown from eBenefits.va.gov

For instructions on how to get a snapshot from VA.gov, please proceed to page 7.

These sites will require a sign in through a DS Logon, CAC card, My HealthVet or in some cases an ID.me account. If you do not have one of these accounts, please [CLICK HERE](#) to create one.

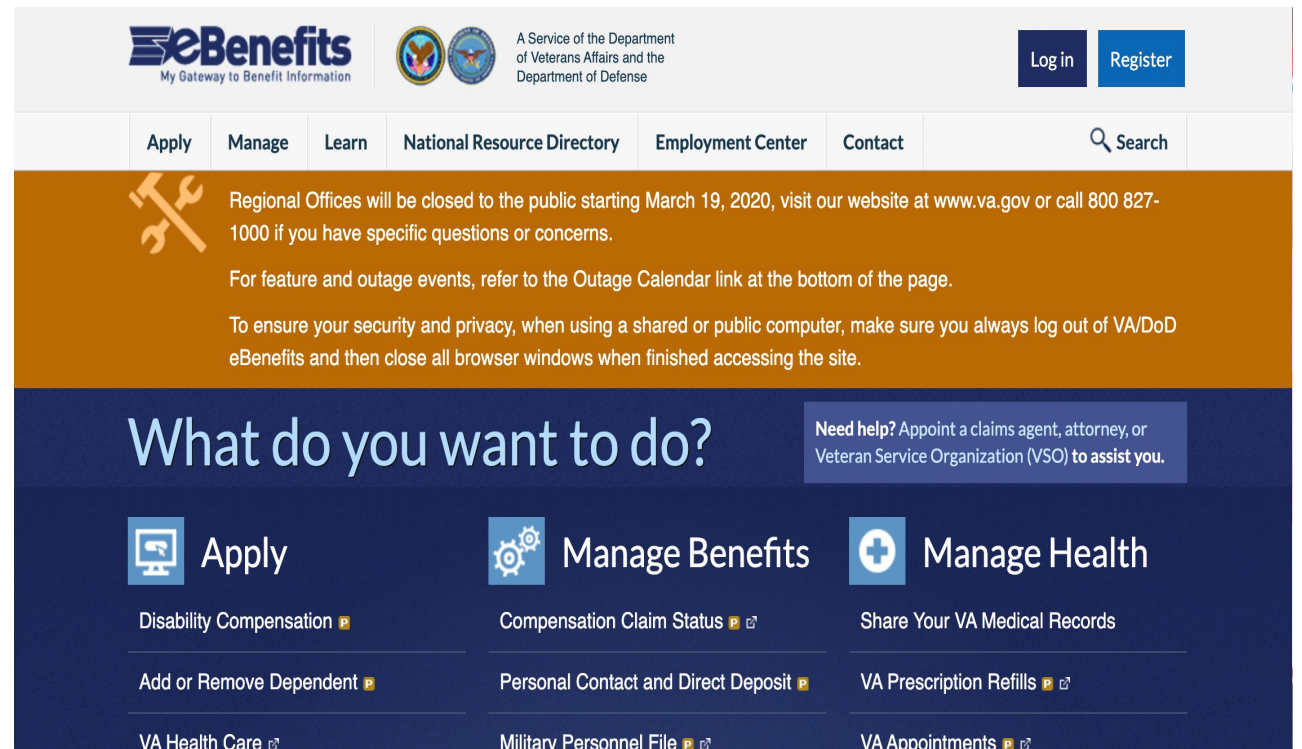
Step 1

Sign in to your eBenefits account at:

<https://www.ebenefits.va.gov/ebenefits/homepage>

by clicking “Log In” in the top right hand corner.

*DS Logon in the most common form of logging in.



The screenshot shows the eBenefits website homepage. At the top left is the eBenefits logo with the tagline "My Gateway to Benefit Information". To its right are the VA and DoD seals and the text "A Service of the Department of Veterans Affairs and the Department of Defense". In the top right corner are "Log in" and "Register" buttons. Below the header is a navigation menu with links for "Apply", "Manage", "Learn", "National Resource Directory", "Employment Center", and "Contact", along with a search icon. A large orange banner contains a wrench and screwdriver icon and text: "Regional Offices will be closed to the public starting March 19, 2020, visit our website at www.va.gov or call 800 827-1000 if you have specific questions or concerns." Below this is a link to the "Outage Calendar" and a security notice: "To ensure your security and privacy, when using a shared or public computer, make sure you always log out of VA/DoD eBenefits and then close all browser windows when finished accessing the site." The main content area is titled "What do you want to do?" and features three columns of service options:

- Apply**
 - Disability Compensation
 - Add or Remove Dependent
 - VA Health Care
- Manage Benefits**
 - Compensation Claim Status
 - Personal Contact and Direct Deposit
 - Military Personnel File
- Manage Health**
 - Share Your VA Medical Records
 - VA Prescription Refills
 - VA Appointments

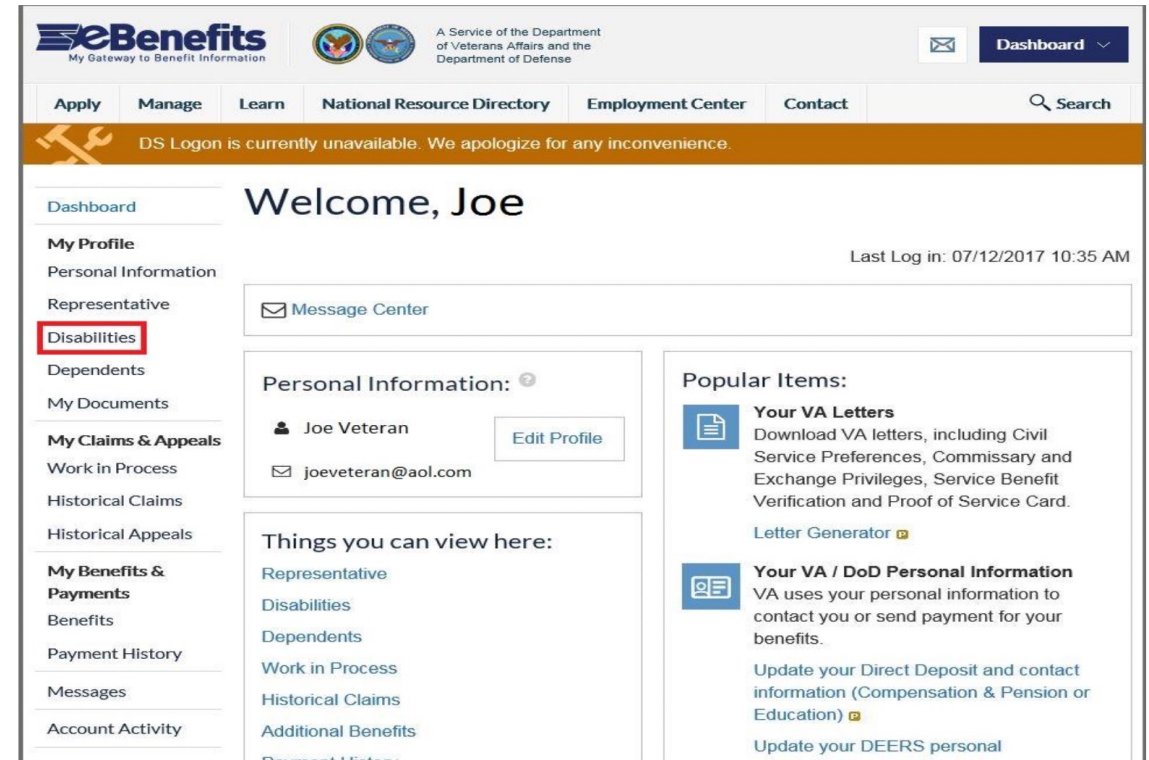
A "Need help?" box in the top right of the main content area suggests appointing a claims agent, attorney, or VSO.

Step 2

In the upper right hand corner, of the screen please press Dashboard.

Step 3

On the left hand side of the screen, please press Disabilities.



The screenshot shows the eBenefits website interface. At the top, there is a navigation bar with links for Apply, Manage, Learn, National Resource Directory, Employment Center, and Contact. A search bar is located in the upper right corner. Below the navigation bar, a message states: "DS Logon is currently unavailable. We apologize for any inconvenience." The main content area is titled "Welcome, Joe" and includes a "Last Log in: 07/12/2017 10:35 AM" timestamp. On the left side, there is a vertical menu with categories: Dashboard, My Profile (Personal Information, Representative, Disabilities, Dependents, My Documents), My Claims & Appeals (Work in Process, Historical Claims, Historical Appeals), and My Benefits & Payments (Benefits, Payment History, Messages, Account Activity). The "Disabilities" link under the "My Profile" section is highlighted with a red rectangular box. The main content area features a "Message Center" section, a "Personal Information" section for "Joe Veteran" with an "Edit Profile" button and the email "joeveteran@aol.com", and a "Things you can view here:" section with links for Representative, Disabilities, Dependents, Work in Process, Historical Claims, and Additional Benefits. On the right side, there is a "Popular Items:" section with two items: "Your VA Letters" (with a "Letter Generator" link) and "Your VA / DoD Personal Information" (with links to update direct deposit, contact information, and DEERS personal info).

Step 4

You will now see a breakdown of your current disabilities.

Please send us screenshot/photo of this breakdown.


****Please ensure your screenshot/photo includes the bubble showing your total disability at the top as well as the pending disabilities section at the bottom.**

****Please see the next slide for detailed instructions on how to screen shot**

If you need to send/upload multiple screen shots, that is OK.

- Dashboard
- My Profile**
- Personal Information
- Representative
- Disabilities
- Dependents
- My Documents
- My Claims & Appeals**
- Work in Process
- Historical Claims
- Historical Appeals
- My Benefits & Payments**
- Benefits
- Payment History
- Messages
- Account Activity

Disabilities



70%

Total Combined Disability

You have a 70% final degree of disability. This percentage determines the amount of benefit pay you will receive.

[How is this calculated](#)

Add Disabilities

Submit a claim to make any updates to the disabilities that you believe are related to your military service.

Apply Now.

Rated Disabilities

Disability	Rating	Decision	Related To	Effective Date
right foot hallux valgus	0%	Service Connected		05/02/2015
left shoulder bankhart lesion status post repair	0%	Service Connected		05/02/2015
↳ scars in left shoulder	0%	Service Connected		05/02/2015
tinnitus		Not Service Connected		
seborrheic dermatitis of the face (claimed as skin condition)	0%	Service Connected		05/02/2015
↳ scars in face		Not Service Connected		
bilateral hearing loss.		Not Service Connected		
urinary condition		Not Service Connected		
post-traumatic stress disorder	70%	Service Connected		05/04/2020

Pending Disabilities

You have no Pending Disabilities to display at this time.

How To Screenshot Your Disabilities

PC/WINDOWS: Click Start or the Windows button and type "Snipping Tool" and click "New". Then, drag your cursor over ALL of your disabilities, make your screenshot look as much like the image above as possible, Then click the floppy disk icon to save your capture. If you cannot capture all of your disabilities with one screenshot, you can repeat the step to capture the rest.

Apple/MAC: Hold down Command, Shift, and 4. You will see crosshairs as your pointer, Then, drag your pointer over ALL of your disabilities, make your screenshot look as much like the image above as possible. If you cannot capture all of your disabilities with one screenshot, you can repeat the step to capture the rest. Your screenshot will appear on your dashboard

iPhone: Hold down the Power button and the home button at the same time, If you cannot capture all of your disabilities with one screenshot, you can repeat the step to capture the rest.

Android: This may vary depending on your phone age, but most up to date and later androids will screenshot if you hold the Power button and the Volume Down button. If you cannot capture all of your disabilities with one screenshot, you can repeat the step to capture the rest.

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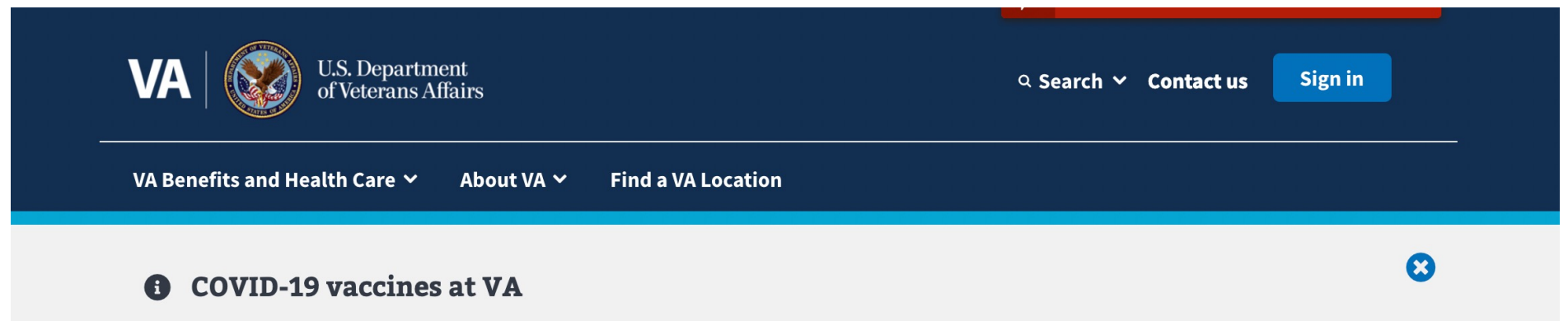
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Step 1


Please click the following link below to get started with viewing your disability breakdown through VA.gov

<https://www.va.gov/disability/view-disability-rating/>

Once you click this link, you will need to sign in in the top right hand corner if you are not already signed in.




The screenshot shows the top navigation bar of the VA.gov website. On the left, there is the VA logo and the U.S. Department of Veterans Affairs seal. To the right of the seal, the text "U.S. Department of Veterans Affairs" is displayed. Further right, there are links for "Search", "Contact us", and a "Sign in" button. Below the navigation bar, there are three menu items: "VA Benefits and Health Care", "About VA", and "Find a VA Location". At the bottom of the screenshot, a notification banner is visible with the text "COVID-19 vaccines at VA" and a close button.

VA |  U.S. Department of Veterans Affairs

Search ▾ Contact us Sign in

VA Benefits and Health Care ▾ About VA ▾ Find a VA Location

i COVID-19 vaccines at VA 

Step 2

Once you are logged in successfully, please click **View your disability rating**.

Manage your Veterans disability benefits

[Check your VA claim or appeal status >](#)

Track the status of your disability claim or appeal.

[View your disability rating >](#)

View your VA disability ratings and which of your ratings are service-connected.

Step 3

You will then see your overall rating listed.

All of the service connected and non-service connected disabilities will be listed below your overall rating.

Please send us screenshot/photo of your disability breakdown.

****Please ensure your screenshot/photo includes your total disability at the top as well as the listed disabilities below.**

****Please see the next slide for detailed instructions on how to screen shot
If you need to send/upload multiple screen shots, that is OK.**

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Your Disability Snapshot

If you are already working with one of our benefit consultants who requested your disability snapshots, please send them directly to your consultant.

If you are a new lead inquiring through our website, please upload your snapshot(s) at the time of requesting a free consultation online.

If you have already requested a free consultation and have not yet been reached out to, please send your snapshot(s) to info@overwatchwarrior.com.

Thank you!

Warrior Overwatch